

30 WAYS IN 30 DAYS TO TAKE ACTION AGAINST HUNGER

HUNGER ACTION MONTH

SEPTEMBER 2026

Donate today at:
breadofthemighty.org/Hunger-Action-Day

Thanks to the generosity of
Poppy and Rob Clements
for our \$10,000 match!

1

Hang this calendar in your home or office to help spread awareness.

2

Follow us on social media to learn more about how you can end hunger in your community.

3



Donate to help us reach our \$10,000 match goal.

4

National Food Bank Day

Hunger Fact Friday
Did you know we serve 4 counties in North Central Florida?

5

Talk about food insecurity with your friends and family.

6

Minimize waste by cooking a delicious meal with scraps or leftovers.

7

Labor Day
Host a BBQ and invite guests to bring a donation for Bread of the Mighty.

8



Visit our website to get a first-hand look at how we work.

9

Schedule a tour at Bread of the Mighty.

10

Thank your local grocery store manager for donating food to the food bank.

11

National Day of Service

Schedule a volunteer shift at one of our food distributions.

12

Set an extra place at the table for the more than 40,000 people in our region who don't know where their next meal is coming from.

13

Grandparents Day

Make a donation in their honor to support senior feeding programs.

14



Visit our website to look for upcoming events to support the food bank.

15

Encourage your book club or community group to donate or volunteer at BOTM.

16



Host a virtual food drive.

17

Donate the money you would spend on morning coffee to the food bank.

18

Hunger Fact Friday
BOTM distributed more than 7.4 million pounds of food last year.

19

Sign up for a volunteer shift event to pack meals for families.

20



Social Media Sunday
Tag us in a photo to show how you are taking action this month.

21

As you head to the grocery store, consider picking up extra items to donate.

22

Check out our new merch on our website. You can order online and pick-up items at the food bank.

23

Encourage co-workers to pack their lunch and donate the money saved to help feed kids during the school year.

24



Schedule a volunteer shift with a friend.

25

Hunger Fact Friday
BOTM partners with more than 100 hunger-fighting agencies to reach more neighbors.

26

SNAP Challenge

Try to spend no more than \$6.20 per person on food for the entire day.

27



Plant your own at home garden.

28

Hunger Action Day is tomorrow!

Impact will be MATCHED if we reach \$10,000.

29



Hunger Action Day

Wear ORANGE and tag us in a photo on social media.

30

Visit our website to learn how you can fight hunger year-round.



Bread of the Mighty

A Branch of Feeding Northeast Florida